

## DEPARTMENT LEARNING GOALS

Preventive Care and Physical Activity students will:

1. Learn to educate, collaborate and engage with external partners from a variety of disciplines to promote physical activity in multiple settings and with a variety of populations for opportunities for the promotion of physical activity.
2. Identify and use public health data as a tool to develop and prioritize community-based interventions, including policies, to promote physical activity, knowledge of current trends and research in the field through evidence-based practices for the development and implementation of PA promotion efforts.
3. Use theoretical frameworks and models to plan and evaluate physical activity interventions.
4. Recommend and translate effective intervention strategies to partners and other constituents.
5. Identify appropriate resources and continuing education for the implementation of a personal professional development plan, which includes training and ongoing technical assistance for promoting physical activity.
6. Understand exercise physiology and related exercise science for both health promotion and disease prevention and physical activity assessment.